

Lunch Menu

Nov 2015

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are
SUBJECT TO CHANGE.

Lunch is served at
11:30 am M-F

MON 2 Chuck Roast Roasted Potatoes Carrots & Onions OR Soup & Salad Poached Pear	TUE 3 Chicken Salad Sand. Garden Veggie Soup Spinach Salad OR Soup & Salad Fruit Salad	WED 4 Teriyaki Pork Oriental Blend Bok Choy OR Soup & Salad Pineapple	THUR 5 Gnoochi Baby Carrots Succotash OR Soup & Salad Applesauce	FRI 6 Salmon Broccoli Stewed Tomatoes OR Soup & Salad Berries w/Yogurt
MON 9 Eggs & Ham Steak Spinache Artichoke Hashbrowns OR Soup & Salad Mangoes	TUE 10 Stuffed Pepper Yellow Squash Green Beans OR Soup & Salad Orange	WED 11 CLOSED	THUR 12 Mex.Chick Casserole Zucchini&Tomatoes Cauliflower OR Soup & Salad Apricot Pudding	FRI 13 Meatloaf Mashed Potatoes Biscayne Veggies OR Soup & Salad Peaches
MON 16 Pasta Primavera Carrots, Onion/Pep Zucchini, Squash & Tomatoes OR Soup & Salad Blackberries&Apple	TUE 17 Stuffed Pork Loin Sweet Potato Mash Broccoli OR Soup & Salad Tropical Fruit	WED 18 Hot Roast Beef Sandwich Mashed Potatoes Prince Edward Veg OR Soup & Salad Peach Pie	THUR 19 Turkey & Ham Carrots,Green Beans Stuffing Mashed Potatoes OR Soup & Salad Sweet Potato Pie	FRI 20 Chicken Alfredo Broccoli Red Peppers & Onions OR Soup & Salad Strawberries/Yogurt
MON 23 Steak Chili Roasted Corn & Red Peppers Roasted Carrots OR Soup & Salad Cara Cara Oranges	TUE 24 Tuna Salad Sand. Pineapple, Carrot Raisin Salad Green Bean Salad OR Soup & Salad Bananas w/Yogurt	WED 25 Chicken Tenders Cape Cod Seasoned Potatoes OR Soup & Salad Apple Pie	THUR 26 CLOSED	FRI 27 CLOSED
MON 30 Stuffed Shells Zucchini Yellow Squash OR Soup & Salad Berries w/Yogurt	If you have any questions please let us know. Chandler Kitchen 480-782-2721 Brianna/Outreach Specialist 480-503-6061 Pat/Home Delivered Meals 480-503-6058			